

# DERBY – GREAT PLACE, GREAT BASE

## The Post House helps to push the envelope

Closed for more than four years, the old Post Office building in Derby has become the latest seriously stylish eating house within a rapidly changing city centre.

Derby has developed the knack of “pushing the envelope” when it comes to offering locals and visitors alike a mouth-watering range of innovative and imaginative eateries, and its latest addition is The Post House, which features eight independent street-food units under one Grade II listed building roof.

Based on a concept that’s taking hold across Europe and in other UK destinations, The Post House has gone large not only on its distressed design, but also on the specialist providers it has brought together in an industrial, but highly social, environment.

Owned and operated by Jade Devall, who runs the handmade gifts and Scandinavian lifestyle Design@44 gallery in Derby (<https://www.designat44.com>), and Antony Dietz, who has many years of catering experience to call on (including eight years in Denmark and Sweden), it has brought a true touch of “hygge” to an increasingly chilled Derby city centre.

Furniture made from reclaimed wood, rusted metalwork everywhere, shared tables, and an informal way of eating are all complemented by some seriously good artisan food and drink.

Fresh Rootz serves vegan food, Bohns sells burgers that are just about as good as it gets, Saponi specialises in Pizza Italiana and Lorentes dishes up full range of tapas. The Chocolate Alchemy satisfies those with a sweet tooth, as well as anyone looking to just drop-in for ‘a coffee and a catch-up’. And the social vibe is provided by three top class drinks outlets: The Sorting Office Bar; The Post House Cocktail Bar, and the Tollgate Tap.

Key words here are “local”, “independent” and “handmade”. As well as “eat”, “meet” and “drink”.

It’s slow-paced, as opposed to fast-food, and has already established a popular following - as a place to go for a glass of chilled wine or, more simply, as a place to hang-out with friends and enjoy the food.

While breakfast is served every day from 9.00, brunch is also starting to prove very popular. Opening hours are 9.00 to 22.30 Monday to Thursday, 9.00 to 23.00 Friday and Saturday, and 9.00 to 20.30 on Sunday.

For full details, visit <https://www.theposthousederby.co.uk/copy-of-units>.

All tourist information for Derby can be found at <http://www.visitderby.co.uk>.

Another new kid on the block in Derby, meanwhile, is Bustler Market, which is now hosting a monthly event throughout the summer at River Gardens - bringing vibrancy, food, drink and music back to the banks of the River Derwent. The double-height space will showcase the best of the region’s independent street food traders in a previously unseen venue. For full details, visit <http://www.bustlermarket.co.uk>.

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